

*Connecting Staff, Residents, Families, and Friends***Upcoming Events****Speaker Series: Navigating the Challenges of Family Dynamics as our Loved Ones Age**

Join us for an afternoon of insight and enlightenment at the German Centre on **October 26 from 1 p.m. to 3 p.m.** as we hear from community leaders and in-house experts.

15th Annual Veteran's Day Celebration

Join us on **Monday, November 11 from 9:30 a.m. to 11:30 a.m.** as we honor and show appreciation to all veterans.

Annual Tree Lighting

Celebrate the holiday season with us on **Friday, December 6, from 4:30 p.m. to 6:30 p.m.** Enjoy an evening of lights and community on the campus of the German Centre.

Family Dynamics: Caring for Aging Loved Ones

On Saturday, October 26 from 1:00 p.m. to 3:00 p.m., we will be hosting the second event in our bi-annual speaker series titled *Family Dynamics: Caring for Aging Loved Ones*. This event will feature valuable insights from community leaders and our in-house experts who are deeply engaged in addressing the challenges faced by families as their loved ones age. Together, they will provide a comprehensive exploration of the diverse challenges and strategies involved in caring for aging loved ones, offering a holistic view that blends professional expertise with personal experience. Our esteemed panel of speakers will include:

Emily Shea

Commissioner,

Boston's Age Strong Commission

Carl Emilio D'Angio Jr., Esq

Attorney, D'Angio Law Offices

Anna Alvarado-Allen, RN

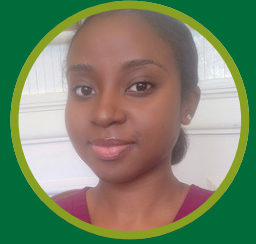
*Registered Nurse, Senior Place,
German Centre*

Organizational Updates

At the **German Centre**, our patients and residents are flourishing! Each week, they engage in enriching activities tailored to promote dignity and self-worth. Additionally, residents eagerly anticipate our monthly resident council meetings, where staff and residents collaborate to enhance the overall experience within our community.

Senior Place is delighted to announce that our new Program Director and Social Worker, **Beth Caruso**, will be joining our team in October! With an extensive background in senior care, education, and community engagement, Beth is poised to bring a wealth of knowledge and experience to our team. We are always welcoming new participants! If you and your family are interested in learning more about our Adult Day Health program, please don't hesitate to reach out to **Anna Alvarado-Allen** at aallen@germancentre.org or call us at **617-325-9447**.

Edelweiss Village was thrilled to welcome 9th grade students from **Roxbury Latin School** for their inaugural visit with our residents. Each month, these enthusiastic students will join us for an afternoon of engaging activities and meaningful conversation with our assisted living residents. In the photos below, you can see our residents sharing smiles and stories with their new friends! Our partnership with Roxbury Latin School has flourished over the years, and we are excited to see the enriching experiences this year will bring through the dedication of our student volunteers.

**Employee of the Month**

This month we are highlighting **Wennise Joseph!** As a dedicated Certified Nursing Assistant (CNA) at the German Centre Home, Wennise's compassionate care and unwavering commitment to our residents have made a profound impact on their lives. Wennise consistently goes above and beyond, her positive attitude and teamwork inspire both her colleagues and our residents.

Thank you, Wennise, for your hard work and dedication. Join us in congratulating Wennise this month!

Welcome to the German Centre!**Mary Beth Caruso**

*Program Director & Social Worker,
Senior Place*

Nancy Jura

CNA

Margaret Murphy

Receptionist, Edelweiss Village



Connecting Staff, Residents, Families, and Friends

Deutsches Altenheim Foundation Impact Through Giving

On September 27, the German Centre hosted the Sullivan-Walsh Scholarship Award Ceremony, honoring three exceptional recipients: Nickayla Davis, Jana Walker, and Pierre Charles. In the presence of the Sullivan family, the event celebrated the values of care and professionalism these recipients embody.

Nickayla, a Trainee Nursing Assistant, received the Mary Ellen Walsh Honorary Nursing Assistant Scholarship. She aspires to become a medical doctor. Jana and Pierre, both Certified Nursing Assistants, were awarded the Barbara P. Sullivan Memorial Nursing Assistant Scholarship. Their commitment to advancing their skills and pursuing further certifications reflects their dedication to providing high-quality care.

Established in 2021 by the Sullivan family, the Sullivan-Walsh Scholarship Fund supports the career advancement of frontline staff at the German Centre. It honors Barbara P. Sullivan, a former German Centre resident and long-time dedicated nurse, and Mary Ellen Walsh, a former Director of Social Services whose compassion left a lasting legacy.

Help us continue this mission! Donate to the Sullivan-Walsh Scholarship Fund today and empower the next generation of caregivers. If you would like to donate to this fund, please select 'Sullivan-Walsh Scholarship Fund' under Designation options on our online donate form, or note 'Sullivan-Walsh Scholarship Fund' on the memo line of your check.



Ways to Give

- **Online:** dafboston.org/donate
- **Mobile:** Scan the QR Code
- **Phone:** Call us at 617-390-3217



Thank You for Your Support!

Participant Highlight Sheila & Sandy

Meet Sandy Morris, one of our cherished Adult Day Health participants at Senior Place. With a Master's Degree in Psychology and extensive experience as a social worker, Sandy has dedicated her life to helping others. Unfortunately, after suffering a stroke and being diagnosed with vascular dementia, she had to step away from her career. Recognizing her mother's need for enrichment, stimulation and socialization, Sandy's daughter, Sheila, set out to find a suitable Adult Day Health program.

After exploring various options, they discovered Senior Place. From the moment Sandy toured our facility and met our team, she felt an immense sense of belonging. For Sheila, finding a place where her mother enjoys spending her days is crucial. She shares, "It helps me during the day. I know that my mother is in a safe place hanging out with her friends, which gives me the chance to have peace of mind while I'm working."

Sandy's favorite aspects of Senior Place are the socialization and our staff. She expresses, "I love the team at the program, and I have a table with my friends where we talk about our families and grandchildren. I'd rather go to Senior Place each day than stay home now. I wish the program was open on Saturdays!"

When asked to give a piece of advice to families navigating an Adult Day Health program, Sheila adds, "Be flexible and know that the staff does care about the participants that are a part of the program."

We feel privileged to serve Sandy and her family, and we always invite others to join our welcoming community. At Senior Place, we're proud to provide a warm and engaging atmosphere where participants like Sandy can thrive.

In Loving Memory

Joan Civitarese, TCU- Sally Matthew's Wing



The German Centre family extends our deepest condolences to the families and friends of these wonderful residents. They will always hold a special place in our hearts.